

Date: February 12, 2021

Important Update: InTraining Program start date postponed to March 27th, 2021

Over the past several weeks SportMedBC has been monitoring the latest health guidelines with the hope of delivering our in-person run clinics in the safest way possible.

After our latest discussions with viaSport this week we are confident SportMedBC will be able to deliver the 2021 InTraining Program later this Spring, with modifications to the in-person training sessions. In order to implement these changes we are postponing the program start date to March 27, 2021. The new program end date will be June 25, 2021.

We look forward to providing our participants and run leader with a safe outdoor group exercise program that will help keep you moving and motivated throughout the spring, and we will be providing details on what that will look like in the coming weeks. SportMedBC is currently working with our host centre partners to update our programming dates. In the meantime, registration will remain open on the SportMedBC website.

If you have already registered for a clinic you may defer your registration, and there is no need to re-register. However, if the new program dates no longer work for you please email runwalk.manager@sportmedbc.com to request a full refund.

We appreciate your patience and understanding as we work through these changes and hope you can still join us for the first ever Spring InTraining Program with in-person sessions beginning next month!

Kindly,
SportMedBC Team

Jenny Soderman

Manager, SportMedBC 10K InTraining Program

SportMedBC

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